

Middle Eastern / Moroccan theme

Choose one from:	Stir-fried rice with wild rice, peas, dill and garlic (V) (can be made vegan)	Stir-fried rice with lemon, cinnamon and saffron (vegan)	Stir-fried rice with wild rice, apricots, spring onions, peas and sultanas
Choose one from:	Sautéed new potatoes in middle eastern spices with fresh herbs (dill, parsley and coriander)	Sautéed new potatoes with garlic and rosemary	Sautéed new potatoes with garlic and thyme
Choose one from:	Moroccan chicken with butternut squash and dried cherries	Middle eastern chicken with pomegranate	North African chicken with honey and saffron
Choose one from:	Beef meatballs with broad beans and lemon	Slow cooked beef with prunes and leek	Spicy Moroccan beef with apricots
Choose two from:	Harissa black bean ragout with butternut squash	Aubergines in tomato and tamarind sauce	Chickpeas with paneer, spinach and preserved lemon
	Spicy Moroccan vegetables with apricots	Roasted root vegetables (carrots, parsnips and beetroot)	